

GREEN TIPS

Tips for Green Driving:

- 1. Drive Off From Cold.** Modern cars are designed to move straight away. Warming up the engine just wastes fuel - and causes engine wear.
- 2. Check Your Revs.** Change up before 2,500rpm (petrol) or 2,000rpm (diesel).
- 3. Drive Smoothly.** Anticipate road conditions so that you drive smoothly and avoid sharp acceleration and heavy braking. This saves fuel and reduces accident rates.
- 4. Step Off The Accelerator.** When slowing down or driving downhill, remain in gear but take your foot off the accelerator early. This reduces fuel flow to the engine to virtually zero.
- 5. Slow Down.** Driving within the speed limit is safer as well as being the law, and reduces fuel consumption.

Stuck in traffic?

- 6. Switch It Off.** Modern cars use virtually no extra fuel when they are re-started without pressing the accelerator. Turn off the engine if you're going to be stationary for more than a minute or two.

Smarter preparation:

- 7. Plan Ahead.** Plan your journeys to avoid congestion and road works, and to make sure you don't waste fuel or time getting lost!
- 8. Keep It Long.** Use other forms of transport for short journeys, if you can. A cooler engine uses almost twice as much fuel and catalytic converters can take five miles to become effective.
- 9. Reduce Drag.** Accessories such as roof racks, bike carriers and roof boxes significantly affect your car's aerodynamics and reduce fuel efficiency, so remove them when not in use.
- 10. Check Tyre Pressure.** Under-inflated tyres are dangerous and increase fuel consumption.
- 11. CO2 Emissions.** Visit <http://carfueldata.direct.gov.uk/> to find your emissions and tax band.
- 12. Air conditioning** can significantly increase fuel consumption. However, if you are really hot and travelling at speed, air conditioning is better for fuel consumption than opening windows. Try an 'eco' setting if you have one.

The benefits of smarter driving:

- Reduce your annual fuel bills
- Cut your carbon emissions
- Reduce wear and tear on the vehicle
- Enjoy safer, less stressful journeys

Tips for saving energy within the workplace

- Turn off lights and water heaters when you leave the building.
- Ensure all systems and printers are turned off and not left on standby overnight.
- Install weather stripping around outer doors and windows.
- Insulate supply pipes, water heaters and install ceiling and wall insulation where appropriate.
- Install blinds, and shades to cool the office.
- Turn-off air-conditioning and heating systems when rooms are not occupied.
- Replace incandescent office signs, such as "EXIT", with LED signs. LEDs use about one-tenth the wattage and last up to 50 times longer than incandescent lamp signs.
- Encourage and educate each other to be conscious about energy and to offer ideas about how to save energy.